

Sabbath Rest

Scripture: Genesis 2:1-3

- ◇ Some reasons Seventh-day Adventists might give as to why they observe the Seventh day as Sabbath:
- ◇ God knew that we would need it because we would be tired at the end of the week.
 - * As a memorial of creation
 - * We need a day to go to Church, a day of worship
 - * God said it, I believe, it that settles it
- ◇ Genesis 1:31—2:3
 - * To bless means: To _____ with _____ for success, prosperity, longevity.
 - * To sanctify means: To place in the realm of the _____. That means that the Sabbath has been endued with power beyond that of the _____ or _____ realm. It is no ordinary day.
- ◇ We cease from our work once a week so that we do not forget that His work is _____ and _____. The point of Sabbath, before sin had even entered the world, was to teach us that there are things that God can do that I can never do and there are things He has finished that I will never finish.
- ◇ Satan's tactics were to attack the very essence of what Sabbath was meant to remind Adam and Eve of:
 - * "Your eyes will be opened," implying that God's work was not really that good and that it could be improved upon.
 - * "You will be like God knowing good and evil," implying that they were not fully complete without the knowledge they would gain from eating this fruit.
- ◇ After the fall, Sabbath is given a whole new dimension, it not only reminds us of God's perfect and complete work at creation; it now, also reminds us of His work in our _____, in our _____.

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- ◇ After the fall, Sabbath is given a whole new dimension, it not only reminds us of God's perfect and complete work at creation; it now, also reminds us of His work in our _____, in our _____.

- ◇ The work of Christ’s ministry and sacrifice was completed at the cross and it was _____. And again, after finishing this part of our salvation Christ rested in the tomb on Sabbath until the next Sunday morning.
- ◇ Many of us have turned Sabbath into a work we do for God so that He will be pleased with us. Others of us revolt from that “works” mentality and don’t give the Sabbath any _____ in our relationship with God.
- ◇ The Sabbath is a 24 hour dramatic reminder that I must rest from my attempts to save myself, both to justify myself before God or to sanctify myself. Justify simply means to be made _____. That is what happened at the cross. Sanctification simply means to be _____ and involves being made whole or completed, that is what happens every day in our walk with God.
- ◇ Jesus healings on the Sabbath: Matthew 12:10-13; Mark 1:21-28; Luke 13:10-17; Luke 14:1-6; John 5:1-16; John 7:22-23, John 9
- ◇ By healing, intentionally and actually initiating these healings Christ is connecting the _____ to _____. The word “save” used in the New Testament Greek actually comes from the word “to heal.” The way that Christ spiritually healed on the Sabbath is exactly what he wants to do for us spiritually as well on the Sabbath.

Take Away: “I keep Sabbath because it is special to me. I stop working to remind me that God is the one who has created and redeemed me. I am resting in God’s work in my life.”

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